



Subject Recruitment

Recruitment Period



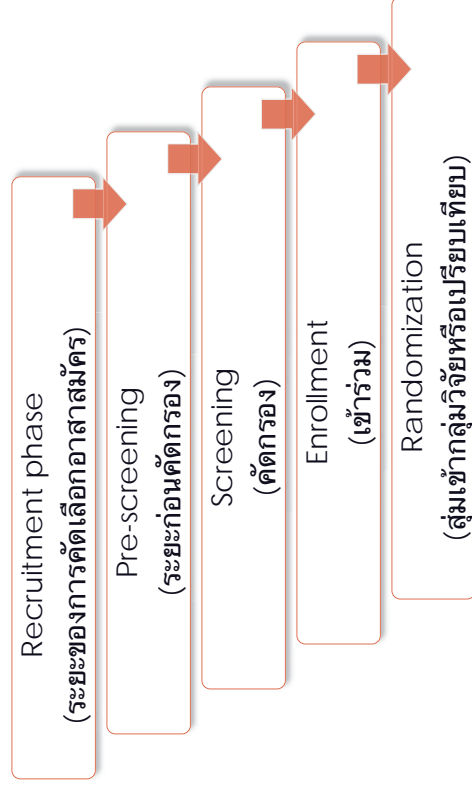
- First patient in (FPI) or first patient first visit (FPFV)
- Last patient in (LPI) or last patient first visit (LPFV)
- Last patient out (LPO) or last patient last visit (LPLV)

Recruit Subjects as Committed

- The investigator should be able to demonstrate a potential for recruiting the required number of **SUITABLE SUBJECTS** within the **AGREED RECRUITMENT PERIOD**

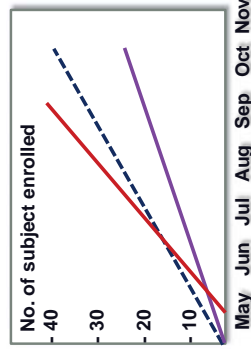


Subject Recruitment (การคัดเลือกอาสาสมัคร)



Subject Recruitment

- **Recruitment process**
 - A. Develop recruitment strategic plan and contingency plan before study started
 - B. Get started:
 - Set recruitment goal and timeline
 - Develop tracking tool
 - screening/ recruitment log
 - C. Run the operation
 - D. **Motivate team**



Recruitment strategies

OBJECTIVE:

- To enroll interested, eligible and informed subjects in a manner that respect their privacy and autonomy

HOW

- I. **Identify target population**
 - Eligibility criteria
 - Demographic & epidemiological data
 - Diagnosis, treatment & referral pattern
 - **Competing studies**

Screening Log: an example

Protocol ID:									
Investigator Name:									
Site ID:									
Subject Screening ID	Date of Consent	Date Screened	Reason for Screen Fail	Date Re-Screened (if allowed)	Reason for Screen Fail	Date Enrolled	Subject ID		

Recruitment strategies

HOW

II. Choosing strategies

- Sources:
 - Hospitals (primary, secondary, or tertiary care); and clinic
 - Laboratories
 - Community
 - Medical record
 - Others: school, military facilities, etc.

Recruitment strategies

HOW

- III. Choosing strategies
 - Strategies
 - Chart/record review
 - Referral:
 - formal
 - informal (word-of-mouth)
 - Community screening
 - Advertising:
 - mass media, mass mailing,
 - local announcements (bulletin board),
 - advocacy group, support group meeting

Recruitment strategies

HOW

- III. Develop contingency plan or back-up strategies
 - Ability to shift rapidly from unsuccessful recruitment strategies

Recruitment strategies

HOW

- II. Choosing strategies: factors should be considered
 - Accessibility
 - Yield of eligible subjects
 - Volume & flow of screenees
 - Screening failure rate
 - Cost VS Yield
 - Special (vulnerable) population: women, minorities, elderly

Recruitment strategies

HOW

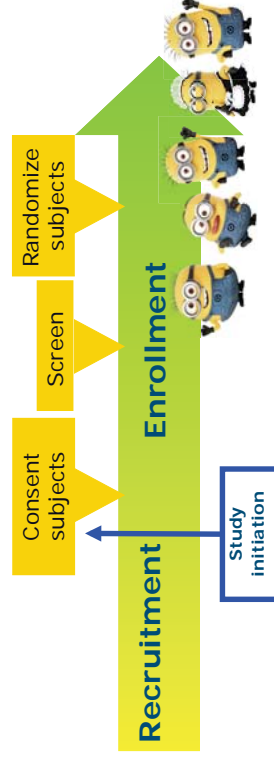
- IV. Methods that involve direct communication to subject
 - must be reviewed and approved by IRB/IEC
 - Should not INDUCE / PERSUADE and COERCIVE / FORCE
- V. Assure protocol compliance

Recruitment strategies

HOW

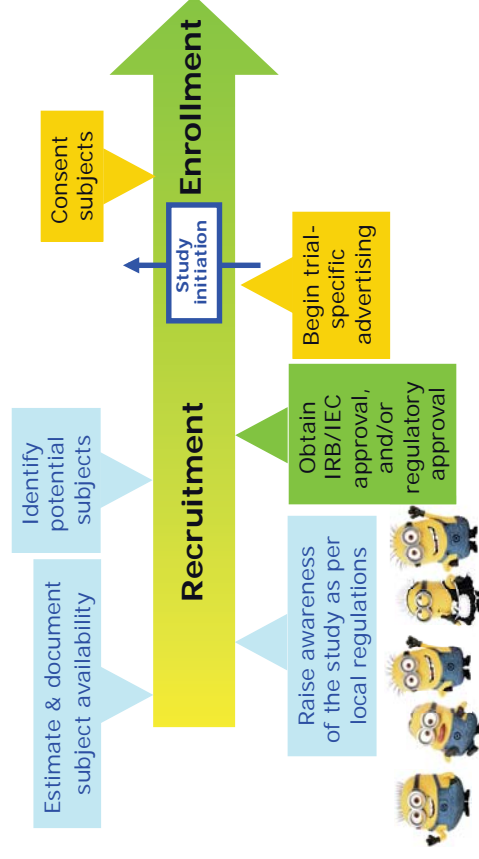
- VI. Determine timing of informed consent
 - Prior to any study procedures, no screening with invasive testing can be completed before informed consent

Enrollment process



- Prior to the beginning of the trial, the investigator should have the IRB/IEC's written approval/favorable opinion of
 - Written informed consent form and
 - Other written information provided to subjects.

Recruitment process



Key things to remember

- Timely recruitment of eligible subject is crucial
- Develop recruitment plan and contingency plan before study started
- All materials communicated directly to subjects must be approved by IRB/IEC before use
- Recruit subjects in accordance with protocol
- Monitoring the rate of enrollment is essential
- Motivate team

Investigation group



Control group



Randomization & Maintenance of Randomization Code

Randomization

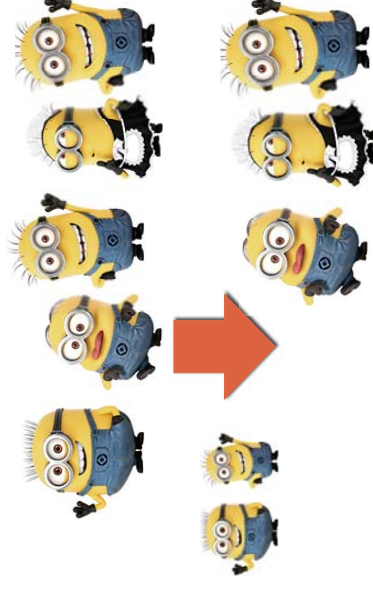
Investigator SHOULD

- follow the trial's randomization procedures
- keep **randomization code** in a secure place
- ensure that the code is broken only in accordance with the protocol
- If the trial is blinded,
 - promptly document and explain any **premature unblinding** to the sponsor and IRB/IEC (if required)

Randomization

DEFINITION

- A process that assigns the subject by chance, rather than by choice, to either the investigational group or the control group
- To reduce biases
 - Each subject has a fair and equal chance of receiving either investigational intervention or control intervention
- To produce comparable groups
 - General characteristics
 - Demographics: age, gender,
 - Other key factors that affect the probable course the disease would take



Subject Retention

Patient Retention

- Patient Retention
- Most difficult and challenging
- Key success of clinical trial

- **Loss of study data:** not be able to accurately evaluate safety and efficacy of study drug
 - An effective medication may look ineffective
 - An ineffective medication looks effective
 - Failure to detect a drug-related safety issue

Subject Retention

- **Maximizing retention in clinical trial**
 - Investigative staff need to work closely with subjects both before and during study
 - Stay to contact with subjects
 - At least monthly if the study is long-term
 - Make reminder telephone call the day before a scheduled visit

Subject Retention

- **Maximizing retention in clinical trial**
 - A successful trial is a partnership between the subjects and the investigative staff.
 - The partnership is based on
 - Respect
 - Courtesy
 - Honesty
 - Listening carefully
 - Communicate openly

Subject Retention

- **Maximizing retention in clinical trial**
 - Say thank you,
 - also thank them in other ways (e.g., sending birthday card, thank you note)
 - Pay attention to subject's special needs
 - Transportation
 - Childcare
 - At each visit ask if subjects have any concerns or questions

Must be reviewed & approved by IRB/IEC

Subject Retention

- Maximizing retention in clinical trial
 - Ensure that staff maintain patient confidentiality
 - Ensure that staff are
 - Friendly
 - Enthusiastic
 - Professional

- Patient who volunteer for studies are special persons. They should be treated as such

Protocol compliance



Key things to remember

- Loss of study data may compromise accuracy and reliability of the study results
- Therefore retention of subjects is crucial.
- Respect, courtesy, honesty, listening and open communication are key factors in subject retention
- Stay contact with subjects

Protocol Compliance

Investigator

- **SHOULD**
 - conduct the trial in compliance with the approval protocol
 - sign the protocol or an alternative contract, to confirm this agreement

Protocol Compliance

- **SHOULD NOT** make any deviation from, or changes of the protocol
 - without agreement by the sponsor
 - prior review and approval from the IRB/IEC,
 - **EXCEPT**
 - to eliminate an immediate hazard to trial subjects,
 - the change involves only logistical or administrative aspects of the trial

(Ref. ICH GCP 4.5.1 – 4.5.4)

Protocol Compliance

- **Consequences of non-compliance**
 - adversely affect scientific validity of the research
 - data lost
 - compromise scientific integrity of study
 - create statistical analysis problems
 - adversely affect safety, right and well-being of subjects
 - too many deviations attract audit/inspection
 - sponsor may not pay

Protocol Compliance

- **SHOULD ASSURE** compliance with the protocol
 - inclusion & exclusion criteria
 - study drug administration & inhibited concomitant medication
 - study procedures e.g.,
 - scheduled visit,
 - outcome measurements, lab test
 - safety reporting
 - recording

Protocol Compliance

- **Types of non-compliance**
 - Protocol deviation
 - Minor protocol deviation
 - Major protocol deviation (Protocol violation)

Protocol Compliance

- **Types of non-compliance**
 1. intentionally decided to deviate
 - lab criteria, age criteria, pre-treatment criteria, payment,
 2. known before deviations occur, but cannot be prevented
 - subject cannot be at study visit; and not under investigator's control
 3. discovered after they occur

Ref: SACHP Recommendation on Protocol Deviations:
<http://www.hhs.gov/ohrp/sac/hrp/midmar/2012/07feb%20Mar/protocoldeviations.pdf> (access 21 April 2013)

Protocol Compliance

HANDLING OF PROTOCOL DEVIATION

- Once protocol deviation/violation is known
 - report to sponsor and IRB/IEC (if required)
 - identify effects on risks to subjects and scientific quality of study and correct
 - identify root causes, and develop & implement action plan to prevent the future deviation
 - document

Protocol Compliance

- **Causes of non-compliance**
 - Investigator, site staff: intentional & unintentional
 - Subject's compliance
 - Unexpected circumstances: flooding
- **Protocol deviation VS protocol amendment**
 - Protocol amendment:
 - planned and systematic change
 - require IRB/IEC approval before implementing
 - Protocol deviation:
 - unplanned and isolated
 - serious and continuing deviation; study may need to be terminated



Subject compliance

Subject Compliance

- Develop strategies to maximize compliance
 - **Adhering to visit schedule**
 - Scheduling all subject visits at the initial visit
 - Use **window period** of each visits making appropriate appointment
 - Visit reminding is needed.

Subject Compliance

- Develop strategies to maximize compliance
 - **Adverse event reporting**
 - When and whom to report
 - Report use of concomitant drugs
 - Study participant card may be useful
 - **Record keeping**, e.g., diaries
 - **Have correct contact details for subjects**
- Know how to record non-compliance

Subject Compliance

- Develop strategies to maximize compliance
 - **Complying with the use of study drugs**
 - dosing
 - frequency
 - contraindicated medications
 - return of medication
 - other requirements e.g., warning

Key things to remember

- Work closely with subjects to ensure their compliance to the study protocol

Provision of Medical Care to Trial Subjects



Medical care

- A **qualified physician** should be responsible for all trial-related medical decisions.

Investigator **SHOULD**

- ensure that **adequate medical care** is provided to a subject for any **adverse events**, including clinically significant laboratory values, related to the trial
- **inform a subject when medical care is needed for intercurrent illness (โรคแทรกซ้อน)**

Medical care

- Inform the **subject's primary physician** about the subject's participation in the trial
 - if the subject has a primary physician and
 - if the subject agrees to the primary physician being informed
- **When the subject withdraws prematurely** from a trial,
 - should make a reasonable effort to ascertain the reason(s),
 - while fully respecting the subject's rights